



GCSE PE PARENT/CARER SUPPORT PACK

NETHER STOWE
PE

DEPARTMENT

USEFUL LINKS

OCR REVISION GUIDE - My revision notes: OCR GCSE (9-1) 2nd Addition. Hodder Education. ISBN10 1510405259 (Tennis rackets on front cover)

OCR TEXTBOOK - OCR GCSE (9-1) PE Second Addition. John Honeybourne. ISBN10 1471851729 (Tennis player on front cover)

www.mypeexam.org

REVISION MATERIALS STUDENTS SHOULD HAVE FROM SCHOOL

- School revision pack
- Flash cards
- Exercise book

KEY DATES

Theory Exam

Weds 16th May 9am – Paper 1 Physical factors affecting participation 1 hour

Fri 18th May 1pm – Paper 2 Socio-cultural issues and sports psychology 1 hour

Practical Exam

March 2018 – practical moderation in selected sports.

What you can do to help?



THEORY HELP

- Make sure your son/daughter is completing enough hours of revision, at least 1 per week for each component of the PE course. A good idea is for students to log what they have done in a diary format.
- Test students on flash cards – read the topic to students and they must recall all information on the other side. Tick off when they are successful.
- Ensure that they are using their revision packs and that these remain organised. Students to use checklist to tick off when a topic has been revised and they are confident.
- Check revision pack is organised, check off list when revised and confident.
- Check homework is being completed.
- Encourage attendance at revision – Wednesday's after school 3.10-4.10pm.

PRACTICAL HELP

- Ensure regular participation in their selected sport
- Ensure they maintain a high level of fitness in preparation for their exam in March.
- Check that their performance log has been completed.
- Ensure that any video evidence of off-site activities has been collated.
- Ensure attendance at extra-curricular clubs for selected sports.